



1123 Redmond-Fall City Road NE
Redmond, WA 98053

(425) 222-5030
www.sculptorfitness.com

Position: Group Class Instructor

Do you teach yoga, tai chi, boot camps, ski conditioning, dance, spinning, or some combination of all of these?

We're seeking inspiring and positive fitness instructors to join our fun, community-oriented fitness facility and all-around stellar team. This is a part-time contract position that starts with you designing and facilitating a 6-week fitness class of your dreams (and approved by the owner).

We have a beautiful, private fitness facility with a spinning studio, outdoor obstacle course, and two-level gym set up with weights, CrossFit equipment, and plenty of space that can be used to make your class a success. We'll help with marketing the class to our current clients and community, and if the class is a hit, we'd love to invite you to be a regular instructor.

Job Description

- Part-time position
- Design and facilitate a **6-week group fitness class** that inspires and motivates participants
- Promote lifelong adherence to a health and fitness program through realistic goal setting and education
- Provide participants as appropriate with in-depth information on the principles of strength training, flexibility, cardiovascular conditioning, injury prevention, rehabilitation, and nutrition

Job Duties

- Be punctual and conduct yourself in a professional manner
- Provide a positive and safe training environment and experience for all clients
- Take pride in each and every client, assisting them in every way possible
- Communicate client progress and/or problems with supervisor
- Seek regular client feedback
- Follow up on all communications from clients

Requirements

- Exercise, sports, or weightlifting experience as an instructor, coach, or avid athlete
- First Aid & CPR Certified
- Personal Liability Insurance
- Excellent communication skills, positive team member
- Motivated, self starter who will can effectively represent the business in the community

Compensation

\$15-\$30 hourly depending on experience and qualifications, plus bonus opportunity for large class sizes

To apply, email your cover letter and resume to jobs@sculptorfitness.com