



Packages and Prices

January 1, 2010 - December 31, 2010

Personal Training

Package	# Sessions	Expiration	Price ¹	Per Session	Price + Tax
1:1 Training - 60 min	1		\$75.00	\$75.00	\$82.13
1:1 Training - Start Up 2 Sessions - ONE TIME ONLY	2	6 months	\$130.00	\$65.00	\$142.35
1:1 Training - Tune Up 2 Sessions	2	6 months	\$140.00	\$70.00	\$153.30
1:1 Training - 12 Sessions	12	6 months	\$805.00	\$67.08	\$881.48
1:1 Training - 36 Sessions	36	12 months	\$2,200.00	\$61.11	\$2,409.00
Partner Training - 60 min	1		\$45.00	\$45.00	\$49.28
Partner Training - 12 Sessions	12	6 months	\$515.00	\$42.92	\$563.93
Partner Training - 36 Sessions	36	12 months	\$1,335.00	\$37.08	\$1,461.83
Semi-Private Training - 60 min	1		\$35.00	\$35.00	\$38.33
Semi-Private Training - 12 Sessions	12	6 months	\$395.00	\$32.92	\$432.53
Semi-Private Training - 36 Sessions	36	12 months	\$975.00	\$27.08	\$1,067.63

Group Classes

Pass	# Classes	Expiration	Price ¹	Per Class	Price + Tax
Single Class	1	3 months	\$15.00	\$15.00	\$16.43
5 Class Pass - Introductory - ONE TIME ONLY	5	6 months	\$50.00	\$10.00	\$54.75
25 Class Pass	25	6 months	\$325.00	\$13.00	\$355.88
50 Class Pass	50	12 months	\$500.00	\$10.00	\$547.50
3-Month Unlimited Class Pass ²	Unlimited	3 months	\$450.00	n/a	\$492.75
3-Month Unlimited Class Pass - Family (2) - 10%	Unlimited	3 months	\$405.00 ea	n/a	\$886.95
3-Month Unlimited Class Pass - Family (3) - 15%	Unlimited	3 months	\$382.50 ea	n/a	\$837.68
3-Month Unlimited Class Pass - Family (4+) - 20%	Unlimited	3 months	\$360.00 ea	n/a	\$788.40

Semi-Annual Sale³

Package/Pass	# Classes	Expiration	Price ¹	Per Session	Price + Tax
1:1 Training - 50 Sessions	50	12 months	\$2,750.00	\$55.00	\$3,011.25
Partner Training - 50 Sessions	50	12 months	\$1,600.00	\$32.00	\$1,752.00
6-Month Unlimited Class Pass ²	Unlimited	6 months	\$800.00	n/a	\$876.00
6-Month Unlimited Class Pass - Family (2) - 10%	Unlimited	6 months	\$720.00 ea	n/a	\$1,576.80
6-Month Unlimited Class Pass - Family (3) - 15%	Unlimited	6 months	\$680.00 ea	n/a	\$2,233.80
6-Month Unlimited Class Pass - Family (4+) - 20%	Unlimited	6 months	\$640.00 ea	n/a	\$2,803.20

¹ Prices do not include sales tax (9.5% as of December 13, 2009).

² Unlimited class passes are limited to one person per pass.

³ Semi-annual sale items are offered December 15 - January 15 and June 15 - July 15.
Other discounts and promos will not apply to semi-annual sale prices and packages.



Packages and Prices

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New Client Start Up Package

\$333.00

This special introductory package for new clients includes a free 60-minute initial consultation, four (4) 1:1 personal training sessions, a five (5) class pass, and a 12-week fitness journal.

10% Savings

Price + Tax = \$364.64

Introduction to Sculptor CrossFit*

\$180.00

This three-session series teaches form, technique, and movements for optimal performance in the Sculptor CrossFit program. Each 1:1 session is 60 minutes and includes specific instruction on fundamental movements essential to CrossFit, along with a sample Workout of the Day (WOD).

20% Savings

Price + Tax = \$197.10

12-Week Rock Solid Transformation (1:1)*

\$1,863.00

This package is designed for clients who want to jump start a new fitness or weight loss plan and includes twenty-four (24) 1:1 personal training sessions, a 3-month unlimited class pass, and a 12-week fitness journal.

10% Savings

Price + Tax = \$2,039.99

For optimal results, we recommend that clients do 2 training sessions per week.

12-Week Rock Solid Transformation (Partner)*

\$1,341.00

This package is designed for clients who want to work with a partner (family or friend) to jump start a new fitness or weight loss plan and includes twenty-four (24) partner personal training sessions, a 3-month unlimited class pass, and a 12-week fitness journal. This is a great way to get the support of family and friends as you transform your bodies together!

10% Savings

Price + Tax = \$1,468.40

For optimal results, we recommend that clients do 2 training sessions per week.

This package must be purchased by each person who wants to do it.

12-Week Rock Solid Transformation (Semi-Private)*

\$1,125.00

This package is designed for clients who want to work with 2-3 other people to jump start a new fitness or weight loss plan and includes twenty-four (24) semi-private personal training sessions, a 3-month unlimited class pass, and a 12-week fitness journal. This is a great way to get the support of family and friends as you transform your bodies together!

10% Savings

Price + Tax = \$1,231.88

For optimal results, we recommend that clients do 2 training sessions per week.

This package must be purchased by each person who wants to do it.

***Note:** New clients purchasing this package should also schedule a free initial 60-minute consultation and fitness assessment.